#### What GRG Means To Us

"Participation in GRG has been such a comfort in raising my granddaughter to know I am not alone."

"Parenting our adult children, and sometimes also our own parents, while parenting grandchildren is tough! Being able to discuss circumstances that led to this situation without fear of judgment has been a lifesaver."

"GRG has made me aware of so many things and has made me a more patient, stronger person, able to cope with issues that arise."

"This group is a godsend! It has so helped me emotionally to talk with others who know what I'm going through."

"We are thrown into troubling waters with no idea how to stay afloat. GRG was there to provide me with support and information, so I did not sink"

The Plymouth GRG mission is to work together to find answers and solutions for ourselves and the rapidly expanding number of Grandparents Raising Grandchildren. We realize that this has become a lifealtering situation for the entire family.

The Mission of The South Shore Resource and Advocacy Center believes that violence against women and chil-

dren must not be tolerated. We empower women to lead lives free of domestic violence, and we work to change laws and social systems to make



that happen. (508) 746-2664, M-F business hours. 24-hour hotline: (888) 746 -2664.

The Plymouth Center For Active Living mission is to provide its community with a safe, trusted physical and virtual environment where information and access to programs and services foster a healthy and vital lifestyle throughout the aging process. 44 Nook Road, Plymouth, MA 02360 (508) 830-4230.



## **Grandparents** Raising Grandchildren

Support Group Plymouth, MA



### You Are Not Alone!

The Plymouth GRG Support Group consists of grandparents who, due to various circumstances, have accepted the responsibility of raising their grandchildren.

Through experience, wisdom and humor, the GRG support and learn from each other.



#### Who We Are

GRG provides **support**, **friendship**, and **informed guidance** to those raising their grandchildren. Over the years our support group has grown to include grandparents from various backgrounds, situations, and ages.

We have all experienced many challenges, but we offer our stories, empathy, experience, compassion, and often, a good bit of humor to those who may feel alone, overwhelmed or disconnected from community. Many of our stories overlap despite coming to GRG from a wide variety of personal situations.

#### Where We Are

The Plymouth-area Grandparents Raising Grandchildren Support Group (GRG), in collaboration with The South Shore Resource and Advocacy Center and The Plymouth Center For Active Living

We meet every Thursday at the PCAL/COA, 44 Nook Road, Plymouth From 10:00 AM - 12:30 PM

"GRG is a place of kinship, understanding, and hope to all raising, or assisting to raise, grandchildren. The confidential and informative meetings are invaluable for myself and family."

If you picked up this brochure, you may need our support.

Please call 508-746-2664 for more information

Or visit

Massgrg.com

# Common Challenges for GRG Families

Grand "parenting" has taken on a whole new role in a world we did not grow up in or even raise our children in. The list of new struggles seems endless: texting, sexting, tweeting, cyberbullying, and now vaping, recreational marijuana including candy-look-alike edibles. As grandparents "parenting," we enter into a maze of unfamiliar circumstances.



**Seeking Answers & Information** 

**Note**: If you find you need legal assistance to begin the process of obtaining custody of your grandchild, go to the Probate Court in the town or city where your child lives and request temporary guardianship. The Clerk's office will have the paperwork necessary to get you started. There is an attorney-of-the-day at each court. Plymouth also holds a twice-monthly Guardianship Clinic.