

## Confidentiality And Privacy

Vet Center staff respect the privacy of all veterans. We hold in the strictest confidence all information disclosed in the counseling process. No information will be released to any person or agency without written consent from the client, except in circumstances averting a crisis.

**VET CENTER SERVICES ARE  
ALWAYS PROVIDED  
AT NO COST TO THE  
VETERAN OR FAMILY**

Life isn't always easy after a deployment. That's where Vet Centers can help. Vet Centers provide a broad range of counseling, outreach, and referral services to combat Veterans and their families.



Request for outreach and education for your event or organization by Vet Center Staff at your event contact your local Vet Center To find out more about our program and locations near you:  
Readjustment Counseling Service  
Vet Center Program  
877-WAR-VETS (927-8387)  
<http://www.vetcenter.va.gov>

*We Value the Diverse  
Composition and Experiences  
of the Veterans We Serve*

## Veteran Center Locations Massachusetts and Southern N. E.

### Massachusetts

- |  |  |
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| <b>Boston Vet Center</b><br>7 Drydock Ave, Suite 2070<br>Boston, MA 02210-2303<br>(857) 203-3001 | <b>New Bedford Vet Center</b><br>73 Huttleton Ave., Unit 2<br>Fairhaven MA 02719<br>(508) 999-6920         |
| <b>Brockton Vet Center</b><br>1041L Pearl St.<br>Brockton, MA 02301<br>(508) 580-2730            | <b>Springfield Vet Center</b><br>95 Ashley Avenue, Suite A<br>West Springfield, MA 01089<br>(413) 737-5167 |
| <b>Cape Cod Vet Center</b><br>474 West Main Street<br>Hyannis, MA 02601<br>(508) 778-0124        | <b>Worcester Vet Center</b><br>255 Park Ave Suite # 900<br>Worcester, MA 01609<br>(508) 753-7902           |

**Lowell Vet Center**  
10 George Street, Gateway  
Center Lowell, MA 01852  
(978) 453-1151

Rhode Island  
**Warwick Vet Center**  
2038 Warwick Ave  
Warwick, RI 02889  
(401) 739-0167

New Hampshire  
**Berlin Vet Center** 515 Main  
Street Suite 2  
Gorham, NH 03581  
(603) 752-2571

**Keene Vet Center**  
640 Marlboro Rd. (Rt. 101)  
Keene, NH 03431  
(603) 358-4950

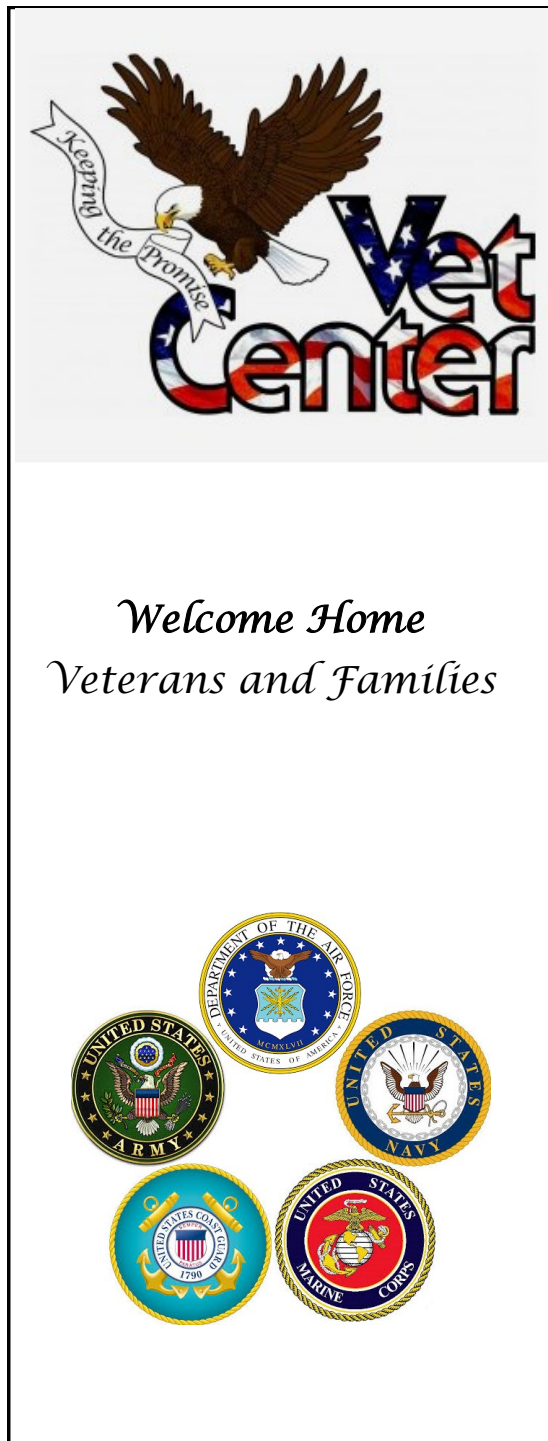
**Manchester Vet Center**  
1461 Hooksett Rd., B6  
Hooksett, NH 03106  
(603) 668-7060

Connecticut  
**Danbury Vet Center**  
The Atrium Building  
457 North Main St., 1st Floor  
Danbury, CT 06811  
(203) 790-4000

**Hartford Vet Center**  
25 Elm Street, Suite A  
Rocky Hill, CT 06067  
(860) 563-8800

**Norwich Vet Center**  
2 Cliff St.  
Norwich, CT 06360  
(860) 887-1755

**New Haven Vet Center**  
291 South Lambert Road  
Orange, CT 06477  
(203) 795-0148



*Welcome Home  
Veterans and Families*



## WHO WE ARE

*We are the people in VA who welcome home war veterans with honor by providing quality readjustment counseling in a caring manner.*

*Vet Centers understand and appreciate Veterans' war experiences while assisting them and their family members toward a successful post-war adjustment in or near their community.*

### VET CENTER HISTORY

The Vet Center Program was established by Congress in 1979 out of the recognition that a significant number of Vietnam era vets were still experiencing readjustment problems. Vet Centers are community based and part of the U.S. Department of Veterans Affairs. In April 1991, in response to the Persian Gulf War, Congress extended the eligibility to veterans who served during other periods of armed hostilities from WWII to the current day OIF/OEF. The family members of these veterans are eligible for Vet Center Services as well. This includes bereavement counseling services to surviving parents, spouses, children and siblings of service members who die of any cause while on active duty, to include federally activated Reserve and National Guard personnel.

The goal of the Vet Center program is to provide a broad range of counseling, outreach, and referral services to eligible veterans and their families in order to help them make a satisfying post-war readjustment to civilian life.

**We understand, and most of all, we care.**

### ELIGIBILITY: War Zone Veterans, Active Duty and Family members

War Zone veterans:

- WORLD WAR II - 7 Dec 1941 to 31 Dec 1946
- AMERICAN MERCHANT MARINES – In oceangoing service during the period of armed conflict, 7 Dec. 1941 to 15 Aug. 1945
- KOREAN WAR - 27 June 1950 to - 27 July 1954
- VIETNAM WAR - 28 Feb. 1961 to 7 May 1975
- LEBANON - 25 Aug. 1982 to 26 Feb. 1984
- GRENADA - 23 Oct. 1983 to 21 Nov. 1983
- PANAMA - 20 Dec. 1989 to 31 Jan. 1990
- PERSIAN GULF - 2 Aug. 1990 to
- SOMALIA - 17 Sept. 1992 to
- BOSNIA - 21 Nov. 1995 to 01 Nov. 2007
- KOSOVO - 24 Mar. 1999 to
- OPERATION JOINT ENDEAVOR, OPERATION JOINT GUARD, & OPERATION JOINT FORGE - Veterans who participated in operations in the former Yugoslavia (Bosnia-Herzegovina and Croatia, aboard U.S. Naval vessels operating in the Adriatic Sea, or air spaces above those areas after March 24, 1999, and before a terminal date yet to be established.)
- GLOBAL WAR ON TERRORISM - Veterans who serve or have served in military expeditions to combat terrorism on or after September 11, 2001 and before a terminal date yet to be established. Includes OPERATION ENDURING FREEDOM, OPERATION IRAQI FREEDOM & OPERATION NEW DAWN.

**CURRENT SERVICEMEMBERS-** served in a war zone, combat drone crew or treatment of war casualties. Family members of active duty deployed to war zones.

**MILITARY SEXUAL TRAUMA AND HARASSMENT COUNSELING** - Military sexual trauma (MST) is sexual harassment and/or sexual assault experienced by a military service member regardless of the geographic location, the gender of the victim, or the relationship to the perpetrator. Both men and women can experience military sexual trauma and the perpetrator can be of the same or of the opposite gender. Perpetrators may or may not be service members themselves.

**BEREAVEMENT COUNSELING** - to parents, siblings, spouses and children of Armed Forces personnel who die in the service to our country. Also eligible are family members of Reservists and National Guardsmen who die while on federally activated duty.

US Department Of Veteran Affairs, Vet Center's program is designed to provide easy to access services with minimal barriers to counter the effects of stigma in getting services. Veteran friendly community-based locations that are staff by a small multi-disciplinary teams of providers, many of which are combat veterans themselves.

Post-Traumatic Stress Disorder (PTSD)  
Intrusive thoughts and memories  
Avoiding people/places (crowds)  
Feeling numb or detached  
Difficulty relaxing  
Being easily startled, feeling jumpy, on edge or on guard  
Feeling sad or down more days than not  
Losing interest in activities that used to be fun  
Low energy and overly tired  
Hopelessness; feeling like things won't get better  
Self blame, guilt, and shame  
Suicidal thoughts

Anxiety  
Repeating thoughts and rituals  
Worrying all the time  
Anger or aggressive behavior  
Relationship and job problems.  
Alcohol/Drug Abuse  
Family/Relationship Difficulties  
Marital/relationship issues  
Behavior problems with children

### READJUSTMENT COUNSELING SERVICES

- **Individual and group counseling for Veterans and their families**
- **Family counseling for military related issues**
- **Bereavement counseling for families who experience an active duty death**
- **Military sexual trauma counseling and referral**
- **Outreach and education including PDHRA, community events, etc.**
- **Substance abuse assessment and referral**
- **Employment assessment & referral**
- **VBA benefits explanation and referral**
- **Screening & referral for medical issues including TBI, depression, etc.**

➤The Readjustment Counseling Service currently operates 300 Vet Centers located throughout the United States, Guam, Puerto Rico, and the Virgin Islands.

➤In addition, the Vet Center operates 70 Mobile Vet Center (MVC) Vehicles throughout the lower 48 States.